

Welcome to our Come Follow Me SS Lesson for March 23-29, Enos - Words of Mormon.

Our beloved prophet, President Nelson, has asked us to fast today. Prayer and fasting go hand in hand. This is a perfect time to examine prayer.

As you read Enos what can we learn about prayer?

Enos wrestled, hungered, cried, and faithfully prayed to receive forgiveness. He didn't stop there. Enos then prayed for others, those close to him and also his enemies.

Who do we remember in our prayers?

Jarom and Omni (and friends) both wrote to the Nephites, but how do their words apply to us? Look for what these books teach that inspire you to be obedient.

How do our leaders today encourage us to keep the commandments?

The Come Follow Me manual suggests this might a good time to pull out For the Strength of Youth book and discuss the standards of the church.

How has living the Gospel blessed your life?

The last book for our lesson is Words of Mormon. I love verse 7, "...And now, I do not know all things; but the Lord knoweth all things which are to come;wherefore, he worketh in me to do according to his will."

This is a simple truth. I feel that I know just a little, but as I trust my Father in Heaven, follow His commandments, and listen to helps from the Holy Ghost, I will be protected.

What scripture in our lesson this week speaks to you???

We can make our gospel study more interactive. cstoddard62@gmail.com Let me know what you learned, or how a scripture helps you strive to follow Christ. We may not meet together, but we can share and learn from one another.

Love, Sister Carol Stoddard